



## Early Learning Parent Presentation Part 2

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### **Early Learning Parent Presentation Part 2 (YouTube ScreenCast):**

<https://youtu.be/mB-DD-sAzZ0> (28 min)

### **List of Free Resources:**

- The Mehrit Centre Resources for Parents: Be sure to check out the links on this page to [Info Sheets](#), [Infographics & Visuals](#), and [Toolkit](#)  
<https://self-reg.ca/parent-resources/>
- Self-Reg Parenting Facebook Page: <https://www.facebook.com/groups/selfregparenting>
- Tilt Parenting Podcasts (Top Kids and Family Podcast Site)  
<https://tiltparenting.com/2019/04/23/tpp-154-dr-mona-delahooke-on-looking-beyond-children-s-challenging-behaviors/>
- Mona Delehoque PhD.  
<https://monadelahooke.com/blog/>
- Julie Smith's Blog: Started in 2016 while I was taking the Self-Reg Foundations Courses. Follow my journey as I applied the practices/steps of Self-Reg to my life.  
<https://self-regjourney.blogspot.com/>
- Lindsay Hayes' Blog: Written for the staff of Pembina Hills, follow along as she supports the Self-Reg learning of our school district.  
<https://reframed1.blogspot.com/>

### **Resources with a Cost:**

- Self-Reg Parenting Course - Mehrit Centre: (\$149.00 - 6 month access)  
<https://self-reg.ca/learn/self-reg-parenting-course/>
- Co-Reg Community - Mehrit Centre: (3 month free trial - \$4.99 monthly or \$49.99 yearly)  
<https://www.coregcommunity.com/>

### **Google Slide Link for entire presentation:**

[https://docs.google.com/presentation/d/1BvboY\\_dvITyRXD7yChnjq1SIErnP6-pPONP9\\_7Ytlmc/edit?usp=sharing](https://docs.google.com/presentation/d/1BvboY_dvITyRXD7yChnjq1SIErnP6-pPONP9_7Ytlmc/edit?usp=sharing)

